

Do you suffer from chronic night-time leg cramps and muscle cramps? If you do, the following information could change your life.

"Need Fast, All-Natural Relief from Sudden, Painful Night-Time Leg Cramps? Discover the Miracle Cure That Calms and Soothes Your Tense, Tight Muscles from the Very First Night.

Finally, You Can Sleep Deeply, Get the Rest You Need—and Wake Up Feeling Fresh and Alert!"



You don't have to live with the discomfort, anxiety and sleeplessness that come with night-time leg cramps. All Calm is the revolutionary supplement that stops leg cramps—FAST and without negative side effects.

Dear Friend,

"Night cramps". "Charley horses". "Muscle spasms". Whatever name you use to describe the nightly, unbearable pain and tightening in your leg muscles, one thing's for certain: **you've had enough.**

If you suffer from night-time leg cramps and muscle cramps, chances are you wake up each morning exhausted, bleary-eyed and unable to concentrate. You sleepwalk through your day, wishing you had the energy you once did, before leg cramps took it all away. Even the thought of going to bed fills you with anxiety, as you fear yet another sleepless, agony-filled night.

But what if I told you there was an effective way to get relief from your leg and muscle cramps—a safe, natural remedy that would allow you to:

- **Stop your leg cramps** almost immediately—no waiting weeks for results
- **Avoid the unpleasant side effects** associated with other leg cramps treatments
- Get **an uninterrupted night's sleep** without being woken by painful muscle spasms
- **Wake up feeling rested and refreshed**, ready to face the day
- Approach **bedtime with peace of mind**, not anxiety

Would you be interested in learning more? **If so, I encourage you to keep reading.**

What Are Leg Cramps Exactly?

A **leg cramp** is a sudden, involuntary tightening of one or more of the muscles in your leg. This tightening, or **contraction**, of the muscles usually occurs in the back of your lower leg (your calf). The calf muscles contract, but don't relax as they normally would. The skin covering those muscles may feel hard to the touch, and you may feel as if your muscles are in "knots".

Leg cramps and muscle cramps can occur at night as you're falling asleep... or they can **wake you up suddenly from a deep, sound slumber. These episodes can be uncomfortable, ranging from mild discomfort to severe, unbearable pain.** Muscle cramps usually last 20 to 30 seconds, but some people experience a painful sensation for several minutes before it finally disappears. Others may have tender or sore calf muscles for up to 24 hours after a spasm.

Painful leg cramps and muscle cramps are a problem you can't see. But that doesn't make them any less devastating for the people who suffer from them.

People who cope with leg cramps may seem completely normal and healthy on the surface. Yet when they go to bed at night, these poor folks step into their own personal nightmare, one full of fear and anxiety. In addition to episodes of severe pain, leg cramp sufferers experience serious sleep deprivation that can eventually damage their health, relationships, job and quality of life.

What Causes Leg Cramps? Doctors Still Aren't Sure!

Although leg cramps are most common in adolescents and people over the age of 65, **they can affect anyone, at any age.** Certain medical conditions such as obesity, pregnancy, diabetes and Parkinson's disease as well as the use of some medications are thought to increase a person's risk of getting leg cramps.

But a specific cause of leg cramps is still unknown. Doctors, universities and even world-class research facilities like the Mayo Clinic are baffled by this mysterious medical condition. And since they have yet to discover a true cause for night-time leg cramps, physicians are left to use the "trial and error" approach with their patients. This involves prescribing a variety of treatments and medications, usually with disappointing results.

If you've been trying in vain to get relief for your night-time leg cramps, the following story is probably painfully familiar to you.

How Far Have You Gone to Get Relief from Leg Cramps?

To stop your painful night-time leg cramps, **you probably tried the basics first.** You took hot showers and warm baths and placed cold compresses on your skin. You performed uncomfortable stretches that involved grabbing your toes and pulling them up towards your knee (ouch!). **You tried every over-the-counter painkiller imaginable.** At one point, you even gave not-so-fashionable compression stockings a shot.

When none of these basic remedies worked to ease your leg cramps, you most likely went to see your doctor out of sheer desperation. He or she probably wrote out a prescription for **Requip, Mirapex, Quinine** or some other medication without giving it much thought.

And you were excited to get that prescription! You felt confident that these drugs would be the solution to your night-time leg cramps, muscle pains, sleep interruption, and nightly anxiety. After all, you had seen the **TV ads promising the end of restless, cramping legs**, and you were filled with hope.

But the drugs didn't stop your night-time leg cramps.

Instead, they caused you to experience awful side effects—ringing in the ears, **blurred vision**,

fever, diarrhea, **nausea**, vomiting, memory loss, **dizziness**, fatigue and **headaches**—which were almost worse than the leg cramps themselves!

So you quit prescription medications altogether and went the natural route in hopes of finding some relief from your night-time problem. You sipped chamomile tea before bedtime. You tried so many homeopathic leg cramp remedies and vitamin supplements that your medicine cabinet is spilling over. Once, you even tried putting a bar of soap under your bedsheets, because you heard it would put an end to your muscle cramp agony.

Let's face it: in your search for leg cramp relief, you've become a virtual walking science project.

And none of it has worked.

I understand that you're fed up with your chronic night-time leg cramps. The lack of sleep... the exhaustion... is **not only ruining your health—it's beginning to affect your ability to function as a human being.** Since leg cramps and muscle cramps began to invade your sleep, your quality of life has all but disappeared.

But I'm here today to tell you that there is hope.

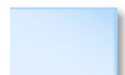
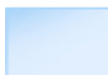
Even though medical science has yet to solve the mystery of leg cramps, that doesn't mean you can't get relief. Today, I'm going to tell you about a revolutionary natural leg cramps remedy that will end this nightmare once and for all. It's called **All Calm.**

Introducing All Calm: For a Good Night's Sleep at Last

All Calm, an all-natural dietary supplement, is **a safe and proven natural remedy for chronic night-time leg cramps.** This highly effective treatment is specially formulated to work right away—there's no waiting weeks (or even days) for relief.

On your first night of taking All Calm, you'll experience noticeable, soothing relief from the painful leg cramps that have destroyed so many nights' sleep. All Calm puts an end to your nocturnal nightmare almost immediately.

In fact, the morning after taking this **all-natural leg cramps treatment, you'll feel more refreshed and energized than you've felt in a long time!** All Calm allows you to rediscover the healthy lust for living you once had—and never thought you'd experience again.



Do You Want Relief for Your Severe Night-Time Leg Cramps?

The cause of leg cramps is a mystery to this day, baffling doctors, universities and even world-class research facilities like the Mayo Clinic--all of whom have yet to discover a cure.

All Calm will stop your leg cramps from the very first night you take it. **Imagine waking up the next morning with**

what feels like a brand-new set of legs. Imagine being able to once again enjoy the restful, peaceful and pain-free nights that used to be yours before your leg cramps took all that away. Now, you can get it all back... with All Calm.



How Does All Calm Work to Stop Leg Cramps?

All Calm contains a pure and refined form of one of the most important minerals found in the human body: **magnesium**. Magnesium plays a central role in hundreds of important body functions, **including muscle relaxation and contraction** and the regulation of nerve impulses.

But studies show that most people today don't consume the daily recommended amount of magnesium. In fact, approximately **80-90% of Americans have insufficient levels of magnesium in their bodies**. This is due to the fact that it's nearly impossible to achieve the required daily standard of magnesium through the average diet.

This magnesium deficiency is worsened by the fact that this vital mineral has been robbed from our soils and never restored. It has also been removed from plants through the use of fertilizers which affect plants' ability to uptake the mineral. And what's more, food processing also removes this key nutrient from the food we eat every day.

A lack of magnesium in the body can take its toll on your health. In fact, scientific researchers have linked magnesium deficiency to a number of common health problems including attention deficit disorder (ADD), fibromyalgia, allergies, asthma, Restless Leg Syndrome (RLS) and yes, **chronic leg cramps and muscle cramps**.

That's right! If you're getting a painful nightly "wake-up call" from your leg muscles, you could be suffering from a serious **magnesium deficiency**. Since this nutrient is responsible for regulating muscle activity, too little of it in the body can cause the muscles to function improperly. When muscles do not contract and relax the way they should, the stage is set for episodes of sudden, painful cramping.

Fortunately, research shows that supplementing your diet with the proper, high-quality forms of magnesium can provide noticeable relief for chronic night-time leg cramps.

"So I should just be able to go out and purchase magnesium at any health store or pharmacy, right?"

WRONG. Here's why: **All Calm Available**, the maker of All Calm, has discovered how to create a proprietary, pure form of magnesium that has **no equal anywhere**. Read on for more details.

Why All Calm is Different from Other Leg Cramps Remedies on the Market

The mineral magnesium is most widely available in the form of tablets that aren't easily absorbed by the body. And of course, if this important nutrient isn't properly digested, it won't work properly. **In fact, you could take these lower-quality tablets for years, and they would do absolutely nothing to stop your leg cramps and muscle cramps.**

But All Calm has been specially formulated to be absorbed by your body better than anything available today, leading to faster, more effective leg cramps relief.

Through extensive research, we've discovered a way to make this natural leg cramps remedy in a special "bio-available form" which works immediately after ingestion. No amount of pills will provide even 25% of the effectiveness of All Calm.

Why is All Calm So Effective?

All Calm contains a highly refined form of magnesium citrate, placed in a fast-acting, pure USP-grade proprietary formulation. All Calm is completely water-soluble and safe, formulated to be "digestion neutral". It has no equal. You could take 20 or 30 standard pills and not come close to All Calm's speed and effectiveness.

All Calm goes to work instantly to give you fast relief from your cramping legs, and eases your body into a deep, peaceful sleep. You'll experience calming relief the very first night you use it!

Feeling Skeptical? Take a Look at What Some Real-Life Users Had to Say About this "Miracle" Leg Cramps Cure...

"All Calm Has Been a Miracle!"

"I used to get dreadful charley horses and leg cramps in bed. Now I take All Calm regularly, and since then I've been okay. This has been a miracle, and I always get a great night's sleep!"

- Nora D., British Columbia

“My Life Has Changed!”

"My granddaughter found the All Calm site on the Internet. I took a chance and bought the product. Due to my granddaughter's compassion, my leg cramps are gone—and my life has changed!"

- **Mariette K., New Zealand**

All Calm is a Safe, All-Natural Leg Cramps Remedy with NO Side Effects

All Calm is digestion-neutral, meaning that it won't have any negative effects on your stomach (a common complaint of drugs like **Mirapex, Quinine and Requip**). And unlike most pharmaceuticals, it's inexpensive, safe with your other medications, fast-acting, and requires no doctor prescription. Just take a look at the chart below to compare:

All Calm is the Better, Safer Choice for Leg Cramps Relief!				
Benefits	All Calm	Mirapex	Quinine	Requip
Low Daily Cost	Yes	No	No	No
Acts Immediately	Yes	No	No	No
All Natural Remedy	Yes	No	No	No
Safe with Medications	Yes	No	No	No
Money-Back Guarantee	Yes	No	No	No
Doctor Visits & Prescriptions	No	Yes	Yes	Yes

All Calm is 100% food-grade and uses only **USP-grade ingredients** (USP stands for United States Pharmacopeia, the official authority for all dietary supplements sold in this country).

With All Calm, you can sleep soundly knowing that you are taking one of the most effective and natural leg cramps treatments on Earth!



Why is All Calm the Leading Cure for Painful Leg Cramps?

* **All Calm is fast-acting!** The ingredients in All Calm are super-powdered. Unlike a pill that needs time to break down in your body, this natural leg cramps remedy starts to work right away. In fact, you'll get refreshing relief from your muscle cramps the first night you take it!

* **All Calm can be adjusted to fit your needs.** Unlike a prescription, YOU can adjust your All Calm dose based on your unique body makeup and the severity of your night-time leg cramps.

* **All Calm is gentle on your stomach.** All Calm is formulated to be "digestion neutral". It does not cause nausea, vomiting or indigestion like many prescription leg cramps medications can.

* **All Calm is completely natural.** It contains no unnecessary additives such as salt, sugar, preservatives, artificial color, yeast, wheat, gluten, binders, animal products, corn, milk and soy products. In fact, All Calm is safe enough for a child to take!



Still Not Sure if All Calm is the Solution You've Been Seeking? Here are More Words from Actual All Calm Users:

“I Haven't Had a Cramp Since Taking All Calm”

"With All Calm, I found I was comfortable from that first day. I haven't had a single toe cramp or foot cramp since. My nerves were bad because I was tired a lot—and that's now gone." - **Beth Smith, Ontario, CA**

“All Calm Worked Perfectly for Me!”

"My problem was that I seldom got a good night's sleep. My leg

cramps usually woke me up 3 or 4 in the morning. I decided to take a chance and order All Calm. It worked perfectly for me! I haven't had a night-time cramp since!" - **John R., Nova Scotia**

All Calm Gives You FAST RESULTS, Period. Finally, You'll Be Able to:

- Get a peaceful, restful night's sleep.
- **Focus on something other than trying to stay awake during the day.**
- Say goodbye to bedtime fears and anxiety.
- **Feel energized and alert each morning.**
- Enjoy all the things you used to do... when you weren't so tired.

So How Much is This Proven Relief Worth to You?

Your purchase of the All Calm natural leg cramps remedy is an investment in your personal health and well-being. So ask yourself, "How much is my health worth?"

If you can somehow think of a dollar amount that would equal the value of better sleep, no more leg cramps pain, and more energy and vitality, then do so.

Then Consider This...

We could have charged **hundreds of dollars** for this fast-acting, natural leg cramps and muscle cramps remedy. And considering how valuable relief is for those who suffer from chronic nightly pain, that price would have been a true steal.

But I'm excited to tell you that the cost of a 100-day supply of All Calm is an unbelievably low \$59.99 USD + \$9.98 shipping and handling to any country worldwide.

That works out to about 60 cents a day—about the price you'd pay for a newspaper. **Total relief from your leg cramps for the price of a daily paper**—now that's a pretty great deal, wouldn't you say?

What Happens When You Order?

We know that when you're suffering from unbearable night-time leg cramps, relief simply can't come fast enough. So within just two hours of your purchase, we'll ship a 250-gram bottle containing a full 100-day supply of All Calm directly to your door. The package has an internal seal and an external tamperproof "Cap Wrap" to ensure quality and safety.

*****Limited-Time Offer*****

Order Within 24 Hours and Save \$10!

Order the All Calm natural leg cramps remedy within 24 hours, and we'll chop \$10 off the price! So instead of paying the regular price of \$59.99, you'll pay only **\$49.99** plus shipping & handling!

A truly unbelievable deal, as I'm sure you'll agree.

Satisfaction Guaranteed (or Your Money Back!)

My name is John Webb, President of All Calm Available. I'm so sure you'll experience fast, complete relief from your night-time leg cramps that I'm offering a Personal Money-Back Guarantee with each All Calm purchase.

So go ahead, buy a 100-day supply of All Calm. Make a delicious-tasting drink with your favorite juice. Take a few days to see how well this proven leg cramps remedy works for you.

If All Calm does not perform as I've promised, I want you to ask for a full and prompt refund of your money.

On second thought, I'll take it a step further just to show you how serious I am about standing behind my product. If you request a refund, I will give you back the full purchase price of All Calm... **PLUS another \$5 for wasting your valuable time!**

Are You Ready to Be Rid of Painful Night-Time Leg Cramps for Good?

YES! I want to enjoy a great night's sleep—every night. I want to have a life again. I want to be rid of the pain, frustration and stress associated with night-time leg cramps.

YES! I am responding to this offer within 24 hours. I am entitled to \$10 off the regular price and will pay only \$49.99 U.S. for a 100-day supply of All Calm. That's less than 60 cents a day.

YES! I understand that if I'm not satisfied with the results, you will give me a full and prompt refund of the purchase price... PLUS another \$5 for wasting my time.

Buy All Calm and Then Decide...

If you're at all uncertain about whether or not All Calm will work for you, simply take advantage

of our **hassle-free, money-back guarantee.**

If our product does not meet (or exceed) your expectations, I urge you to ask for your money back. We'll gladly return every penny you paid for your All Calm 100-day supply-- no reason needed, no questions asked. If you want a refund from many companies, it's like pulling teeth. But we refund. That's it. We won't be angry or upset... after all, the purpose of a guarantee is to eliminate your risk.

Why do we tell you to ask for your money back? Because we know that if you use this product each night, your leg cramps will be gone. That's why I can safely make that promise.

As President of All Calm Available, I personally guarantee that you'll get the leg cramps relief you seek—or it will cost you nothing but a few minutes of your ordering time.

To view your delivery or pricing, please click on your country below...



What Do You Have to Look Forward to When You Order All Calm? Complete and Total Relief!

- **No more** sudden, painful night-time leg cramps
- **No more** tender, aching legs
- **No more** sleepwalking through your day
- **No more** exhaustion and irritability
- **No more** bedtime anxiety attacks

Get Out There and Live Again! Order All Calm TODAY.

No leg cramps remedy on the market today works better and faster than All Calm. And it's all-natural and safe, with no negative side effects.

But don't take my word for it. Try All Calm for yourself.

Haven't you already sacrificed too many nights to painful leg cramps and muscle cramps? Now's your chance to get back into the game of life and feel like yourself once again. [Order All Calm now.](#)

Wishing you pain-free nights,

John Webb,

President of All Calm Available

P.S. All Calm works quickly to stop your painful night-time leg cramps and muscle cramps. That means that you can take it the day you receive it—and get relief that very same night. We promise you, it'll be the most refreshing night's sleep you've had in a very long time!

P.P.S. You assume absolutely no risk when you order the All Calm natural leg cramps treatment. If you don't feel powerful relief from your muscle cramps within just days, simply send back the unused portion of the product. I'll return every cent you paid—plus an extra \$5 for your troubles!

P.P.P.S. Remember, if you order within the next 24 hours, you get \$10 off the regular price of All Calm. That's a 100-day supply of our natural leg cramps cure for less than 60 cents a day—a small price to pay for life-changing relief.

[Click here](#) to order your 100-day supply of All Calm and get immediate, lasting relief from your painful night-time leg cramps. It just may be the best decision you'll ever make for your health, well-being and happiness.

We are shipping worldwide daily.